Affiliation:

Pomeranian Medical University Department of Plastic Surgery and Oncological Ginecology Stettin.

Private Clinic Esthegyn

Dr. Piotr Kolczewski, M.D.Ph.D. head of the Department of Operative Gynecology at the 109th Military Hospital in Szczecin from 2010 to 2013 and consultant in plastic gynecology and urogynecology at the Teaching Hospital of the Pomeranian Medical University in Szczecin from 2014 to 2019 and from 2022 to the present.

Dr. Kolczewski is co-author of the Polish textbook "Plastic Gynecology - Minimally Invasive Techniques" co-author of the textbook "Aesthetic Gynecology Rejuvenation" edited by A. Bader, and scientific editor of the translation of the Polish version of the textbook "Plastic and Cosmetic Surgery of Female Genitalia" by M. Goodman. Dr. Kolczewski is also the author of the world's first scientific paper on the application of "HIFU/MFU in Functional Gynecology Micro-Focused Ultrasound Therapy in Patients with Urogenital Atrophy and Vaginal Laxity"

Currently, Dr. Kolczewski runs his own privet focused on plastic gynecology clinic Esthegyn and he is a consultant at the Department of Reconstructive Gynecology and Gynecologic Oncology at the Pomeranian Medical University in Szczecin. His papers on HIFU, lasers and radiofrequency in aesthetic gynecology are available in the PUBMED database.

Dr. Kolczewski maintains the website esthegyn.com and the YT channel ESTHEGYN.

Qualifications

1991 Postgraduate doctor's intership Pomeranian University of Medicine (PUM) in SzczecinPoland

1991 Assistant in Pathology Department (PUM)

1991-2004 Training in Gynecology and Obstetrics Hospital (tertiary hospital) Szczecin Zdroje Poland

1998 Award of The Local Medical Association for passing the final specialist exam in Obstetrics and gynecology with the mark excellent

1998 Medical director Private clinic in gynecology KOLMED

2005 Doctor thesis defence for PhD "Genetic Polymorphism in preeclampsia"

2004 -2010 Assistant and V-head of the Gynecology and Obstetrics ward of the 109 MilitaryHospital in Szczecin Poland

2010 - 2014 The Head of the Gynecology Department of the 109 Military Hospital in Szczecin Poland

2012 Medical director and owner of a Private clinic focused on reconstructive and plastic gynecology ESTHEGYN

2014 - 2019 Consultant in Operative Gynecology Department In the Teaching Hospital of the Pomeranian University of Medicine (PUM) Szczecin

2014 -2018 Consultant in private clinic of plastic surgery Art Medi Calcenter in Szczecin

2017 Vice president of the Polish Society of the Plastic and Reconstructive Gynecology

2017 -2020 Consultant in private clinic of plastic gynecology MEDIFEM in Warsaw

2018 Consultant in private clinic DOM LEKARSKI Szczecin

2021-2023 President of the Polish Society of the Plastic and Reconstructive Gynecology

2022-2024 Consultant in Plastic Surgery and Oncologic Gynecology Department In the Teaching Hospital of the Pomeranian University of Medicine (PUM) Szczecin

2023 The founder and The President of the Polish Society of Plastic Gynecology

Main professional interests and skills

Plastic and reconstructive gynecology - surgical and non-invasive Reconstruction and repair after failed surgery in plastic gynecology Energy-based devices in plastic gynecology (HIFU, RF, lasers). Use of HA in functional gynecology

SUI treatment full range including off label technologies Use of platelet plasma, platelet fibrin, fat grafts, vascular stroma fractions, stem cells and exosomes in plastic/esthetic gynecology

Abdominoplasty
Surgical treatment in urogynecology (TOT, TVT, SSLF).
Use of vascular flaps in reconstructive gynecology
Vaginal surgery
Liposuction

International professional activities (workshops, congresses)

- 1998 Oldenburg Germany Laparoscopy workshop Dr. De Witt
- 2007 Rotterdam International Congress of the Continence Society
- 2009 Berlin Congress of the European Contraceptive Society
- 2009 Stockholm Workshop on aesthetic gynecology
- 2010 The Hague Congress of the European Contraceptive Society
- 2010 Toronto Congress of the International Urogynecological Association
- 2011 Urogynecology workshop in Prague
- 2011 Congress of the International Urogynecological Association in Lisbon
- 2011 Congress of the International Continence Society in Glasgow
- 2012 Beijing International Congress of the Continence Society
- 2012 Chalon France urogynecology workshop of Dr. Emmanuel Delorme TOT inventor
- 2012 Czech Republic urogynecology workshop by Dr. P. Bartosz
- 2013 Berlin sacrocolpopexy workshop Hospital st Hedwig Prof. R. Thun
- 2014 Chalon France urogynecology workshop Dr. E. Delorme
- 2014 Czech Republic workshop on advanced laparoscopy Dr. P. Bartosz
- 2016 Rome Congress of the European Society of Aesthetic Gynecology
- 2016 Milan Prof. Maximilliano Brambilla workshop on hand-to-hand plastic gynecology
- 2016 Paris Urogynecology cadaveric hand to hand workshop
- 2017 Madrid Congress of the European Society of Aesthetic Gynecology
- 2017 New Delhi 1st World Congress of Plastic and Reconstructive Gynecology as lecturer and chairman
- 2018 Warsaw III Congress of the Polish Society of Plastic and Reconstructive Gynecology as lecturer and chairman
- 2018 London Congress of the European Society of Aesthetic Gynecology as lecturer and chairman
- 2018 Editor-in-chief and translator from English to Polish of the textbook by M. Goodman "Women's cosmetic and reconstructive gynecology".
- $2018\ Editor-in-chief$ and co-author of the textbook Plastic gynecology minimally invasive techniques
- 2019 Cairo International Congress of Cosmetogynecology as a lecturer
- 2019 Paris IMCAS as a lecturer
- 2019 in Edinburgh European Society of Aesthetic Gynecology (ESAG) Congress as a lecturer
- 2019 Leipzig ISRAIT as a lecturer
- 2019 Dubai ICGC as a lecturer
- 2021 Athens Congress of the European Society of Aesthetic Gynecology (ESAG) as lecturer and workshop trainer

2022 London European Society of Aesthetic Gynecology (ESAG) Congress as lecturer and workshop trainer

2022 Dubai International Aesthetic Gynecology Congress (IAGC) as a lecturer

2023 London European Society of Aesthetic Gynecology (ESAG) Congress as a lecturer

2023 Manila International Aesthetic Gynecology Congress (IAGC) Congress as lecturer

2024 Dubai Congress of the American Association of Urology and Gynecology (AUGS) as a lecturer

2024 Tiblisi Congress of the GSEG as a lecturer

2024 Warsaw I Kongres Polskiego Towarzystwa Ginekologii Plastycznej , organizer, speaker,trainer

Scientific organizations

Polish Society of Plastic Gynecology Founder, President 2024

Polish Society of Plastic and Reconstructive Gynecology V-ce President 2017 Polish Society of Plastic and Reconstructive Gynecology President 2021-2023

International Society of Urogynecology(IUGA)
International Continence Society(ICS)
European Society of Aesthetic Gynecology - senior member
American Society for Aesthetics - senior member

Education and research

- 1. Published scientific papers (https://pubmed.ncbi.nlm.nih.gov/?term=kolczewski+P) including the first publication in the world in peer to peer journal about the use of HIFU/MFU in GSM and vaginal laxity.
- 2. Co-author of medical books: Aesthetic Gynecology Rejuvenation CRC Press 2023,
- 3. Chief editor and co-author of the textbook Plastic Gynecology Minimally Invasive Techniques (in Polish) 2019
- 4. Translator from English to polish and chief editor of Female Genital Plastic and Cosmetic Surgery by Michael Goodman PZWL 2018
- 5. Author of two new surgeries in the field of plastic and reconstructive gynecology and pelvic floor repair: Extended Wedge labiaplasty with deepithelialisation / www.youtube.com/watch?v=Qv0JI9PgV8g/ and Reversed posterior repair with RF knife /www.youtube.com/watch?v=UbG7Tl5IqyM/

- 6. International trainer and key speaker for Neauvia Company in radiofrequency modality in the field of surgical non surgical treatment of female genital (SUI, GSM) and in Hyaluronic Acid injection techniques into female genital skin.
- 7. Ex President of Polish Society of Plastic and Reconstructive Gynecology (PSPGR)
- 8. Founder of Polish Society of Plastic Gynecology (PSPG)
- 9. Creator of two steps program of education in plastic gynecology https://esthegyn.com/expertise/

Scientific articles Published scientific papers (https://pubmed.ncbi.nlm.nih.gov/?
term=kolczewski+P) including the first publication in the world in peer to peer journal about the use of HIFU/MFU in GSM and vaginal laxity.

- 1.Kolczewski P, Parafiniuk M, Zawodny P, Haddad R, Nalewczynska A, Kolasa AK, Wiszniewska B, Menkes S, Bader A, Stabile G, Zerbinati N. Hyaluronic Acid and Radiofrequency in Patients with Urogenital Atrophy and Vaginal Laxity. Pharmaceuticals (Basel). 2022 Dec 16;15(12):1571
- 2 . P Kolczewski, M. Barwijuk, M. Parafiniuk, A. Kolasa, J. Udala, D. Gączarzewicz, M. Łukaszuk, N. Zerbinati, R. Kuźlik, A. Kordek, D. Branecka-Woźniak, M. Kozłowski, A. Cymbaluk-Płoska Noninvasive bipolar radiofrequency vaginal application on swine model J Appl Cosmet 22/39 2024-06-05
- 3 .Kolczewski P, Kozlowski M, Cymbaluk-Ploska A. Micro-Focused Ultrasound Therapy in Patients with Urogenital Atrophy and Vaginal Laxity. J Clin Med. 2022 Nov 26;11(23):6980
- 4 .Kolczewski P, Łukaszuk M, Cymbaluk-Płoska A, Kozłowski M, Ciećwież S, Kuźlik R, Zerbinati N. Bipolar Radiofrequency and Non-Crosslinked Hyaluronic Acid Plus Calcium Hydroxyapatite in the Treatment of Stress Urinary Incontinence. Pharmaceuticals (Basel). 2024 May 11;17(5)
- 5 .Paul M, Barwijuk M, Jurkiewicz A, Kolczewski P, Gabriel I. Invasive aesthetic gynecology trends in Poland between 2010 and 2016: A multicenter experience. J Plast Reconstr Aesthet Surg. 2018 Sep;71(9):1362-1380

6 .Nalewczynska AA, Barwijuk M, Kolczewski P, Dmoch-Gajzlerska E. Pixel-CO2 laser for the treatment of stress urinary incontinence. Lasers Med Sci. 2022 Mar;37(2):1061-1067